

The Formwork Experts.

---

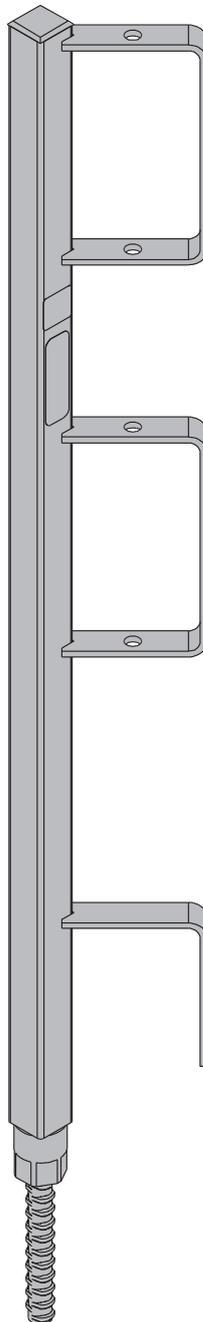
# Handrail post 1.10m

Art. n° 584384000

---

## User Information

Instructions for assembly and use (Method statement)



## Elementary safety warnings

### User target groups

- This booklet is aimed at all persons who will be working with the Doka product or system that it describes. It contains information on the standard design for setting up this system, and on correct, compliant utilisation of the system.
- All persons working with the product described herein must be familiar with the contents of this booklet and with all the safety instructions it contains.
- Persons who are incapable of reading and understanding this booklet, or who can do so only with difficulty, must be instructed and trained by the customer.
- The customer is to ensure that the information materials provided by Doka (e.g. User Information booklets, Instructions for Assembly and Use, Operating Instruction manuals, plans etc.) are up to date and available to all users, and that they have been made aware of them and have easy access to them at the usage location.
- In the relevant technical documentation and formwork utilisation plans, Doka shows the workplace safety precautions that are necessary in order to use the Doka products safely in the usage situations shown.  
In all cases, users are obliged to ensure compliance with national laws, standards and regulations throughout the entire project and to take appropriate additional or alternative workplace safety precautions where necessary.

### Hazard assessment

- The customer is responsible for drawing up, documenting, implementing and continually updating a hazard assessment at every job-site. This booklet serves as the basis for the site-specific hazard assessment, and for the instructions given to users on how to prepare and utilise the system. It does not substitute for these, however.

### Remarks on this booklet

- This booklet can also be used as a generic method statement or incorporated with a site-specific method statement.
- **Many of the illustrations in this booklet show the situation during formwork assembly and are therefore not always complete from the safety point of view.**  
Any safety accessories not shown in these illustrations must still be used by the customer, in accordance with the applicable rules and regulations.
- **Further safety instructions, especially warnings, will be found in the individual sections of this booklet!**

### Planning

- Provide safe workplaces for those using the formwork (e.g. for when it is being erected/dismantled, modified or repositioned etc). It must be possible to get to and from these workplaces via safe access routes!
- **If you are considering any deviation from the details and instructions given in this booklet, or any application which goes beyond those described in the booklet, then revised static calculations must be produced for checking, as well as supplementary assembly instructions.**

### Regulations; industrial safety

- All laws, Standards, industrial safety regulations and other safety rules applying to the utilisation of our products in the country and/or region in which you are operating must be observed at all times.
- If a person or object falls against, or into, the side-guard component and/or any of its accessories, the component affected may only continue in use after it has been inspected and passed by an expert.

## Rules applying during all phases of the assignment

- The customer must ensure that this product is erected and dismantled, reset and generally used for its intended purpose in accordance with the applicable laws, standards and rules, under the direction and supervision of suitably skilled persons. These persons' mental and physical capacity must not in any way be impaired by alcohol, medicines or drugs.
- Doka products are technical working appliances which are intended for industrial / commercial use only, always in accordance with the respective Doka User Information booklets or other technical documentation authored by Doka.
- The stability and load-bearing capacity of all components and units must be ensured during all phases of the construction work!
- Do not step on or apply strain to cantilevers, closures, etc. until suitable measures to ensure their stability have been correctly implemented (e.g. by tie-backs).
- Strict attention to and compliance with the functional instructions, safety instructions and load specifications are required. Non-compliance can cause accidents and severe injury (risk of fatality) and considerable damage to property.
- Sources of fire in the vicinity of the formwork are prohibited. Heating appliances are only allowed if properly and expertly used, and set up a safe distance away from the formwork.
- The customer must consider all types of weather conditions on equipment and in connection with the use or storage of the equipment (e.g. slippery surfaces, risk of slippage, effects of wind, etc.) and must take steps in good time to safeguard the equipment and the surrounding areas and to protect the workers.
- All connections must be checked at regular intervals to ensure that they are secure and in full working order.  
In particular threaded connections and wedged connections have to be checked and retightened as necessary in accordance with activity on the jobsite and especially after out-of-the-ordinary occurrences (e.g. after a storm).
- It is strictly forbidden to weld Doka products – in particular anchoring/tying components, suspension components, connector components and castings etc. – or otherwise subject them to heating.  
Welding causes serious change in the microstructure of the materials from which these components are made. This leads to a dramatic drop in the failure load, representing a very great risk to safety.  
It is permissible to cut tie rods to length with metal cutting discs (introduction of heat at the end of the rod only), but it is important to ensure that flying sparks do not heat and thus damage other tie rods.  
The only articles which are allowed to be welded are those for which the Doka literature expressly points out that welding is permitted.

## Assembly

- The equipment/system must be inspected by the customer before use, to ensure that it is in suitable condition. Steps must be taken to rule out the use of any components that are damaged, deformed, or weakened due to wear, corrosion or rot.
- Combining our formwork systems with those of other manufacturers could be dangerous, risking damage to both health and property. If you intend to combine different systems, please contact Doka for advice first.
- The equipment/system must be assembled and erected in accordance with the applicable laws, Standards and rules by suitably skilled personnel of the customer's, having regard to any and all required safety inspections.
- It is not permitted to modify Doka products; any such modifications constitute a safety risk.

## Closing the formwork

- Doka products and systems must be set up so that all loads acting upon them are safely transferred!

## Pouring

- Do not exceed the permitted fresh-concrete pressures. Over-high pouring rates overload the formwork, cause greater deflection and risk breakage.

## Stripping out the formwork

- Do not strip out the formwork until the concrete has reached sufficient strength and the person in charge has given the order for the formwork to be stripped out!
- When stripping out the formwork, never use the crane to break concrete cohesion. Use suitable tools such as timber wedges, special pry-bars or system features such as Framax stripping corners.
- When stripping out the formwork, do not endanger the stability of any part of the structure, or of any scaffolding, platforms or formwork that is still in place!

## Transporting, stacking and storing

- Observe all regulations applying to the handling of formwork and scaffolding. In addition, the Doka slinging means must be used - this is a mandatory requirement.
- Remove any loose parts or fix them in place so that they cannot be dislodged or fall free!
- All components must be stored safely, following all the special Doka instructions given in the relevant sections of this booklet!

## Maintenance

- Only original Doka components may be used as spare parts. Repairs may only be carried out by the manufacturer or authorised facilities.

## Miscellaneous

The weights as stated are averages for new material; actual weights can differ, depending on material tolerances. Dirt accretions, moisture saturation, etc. can also affect weight.

We reserve the right to make alterations in the interests of technical progress.

## Symbols used

The following symbols are used in this booklet:



### **DANGER**

Indicates a hazardous situation which, if not avoided, will result in death or serious injury.



### **WARNING**

Indicates a hazardous situation which, if not avoided, could result in death or serious injury.



### **CAUTION**

Indicates a hazardous situation which, if not avoided, could result in minor or moderate injury.



### **NOTICE**

Is used to address practices not related to physical injury.



### **Instruction**

Indicates that actions need to be taken by the user.



### **Sight-check**

Indicates that you need to do a sight-check to make sure that necessary actions have been carried out.



### **Tip**

Points out useful practical tips.



### **Reference**

Refers to other documents and materials.

## Eurocodes at Doka

In Europe, a uniform series of Standards known as **Eurocodes** (EC) was developed for the construction field by the end of 2007. These are intended to provide a uniform basis, valid throughout Europe, for product specifications, tenders and mathematical verification. The EC are the world's most highly developed Standards in the construction field.

In the Doka Group, the EC are to be used as standard from the end of 2008. They will thus supersede the DIN norms as the "Doka standard" for product design.

The widely used "Permissible stress design" (comparing the actual stresses with the permissible stresses) has been superseded by a new safety concept in the EC.

The EC contrast the actions (loads) with the resistance (capacity). The previous safety factor in the permissible stresses is now divided into several partial factors. The safety level remains the same!

$$E_d \leq R_d$$

**$E_d$**  **Design value of effect of actions**  
(E ... effect; d ... design)  
Internal forces from action  $F_d$   
( $V_{Ed}$ ,  $N_{Ed}$ ,  $M_{Ed}$ )

**$F_d$**  **Design value of an action**  
 $F_d = \gamma_F \cdot F_k$   
(F ... force)

**$F_k$**  **Characteristic value of an action**  
"actual load", service load  
(k ... characteristic)  
e.g. dead weight, live load, concrete pressure, wind

**$\gamma_F$**  **Partial factor for actions**  
(in terms of load; F ... force)  
e.g. for dead weight, live load, concrete pressure, wind  
Values from EN 12812

**$R_d$**  **Design value of the resistance**  
(R ... resistance; d ... design)  
Design capacity of cross-section  
( $V_{Rd}$ ,  $N_{Rd}$ ,  $M_{Rd}$ )

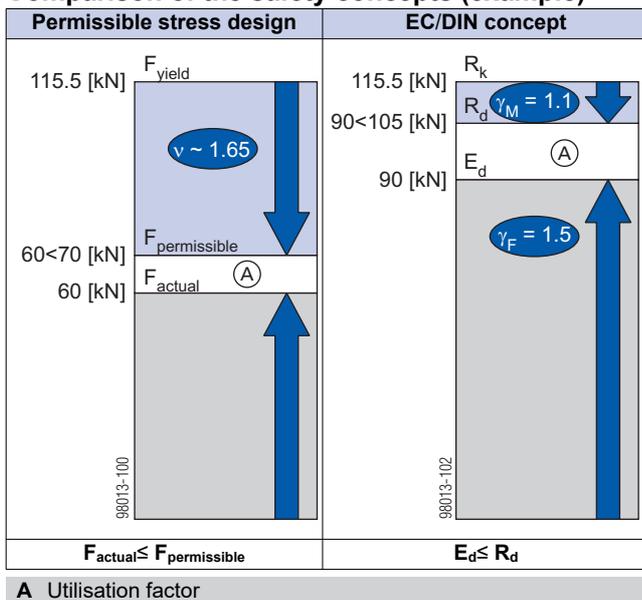
Steel:  $R_d = \frac{R_k}{\gamma_M}$     Timber:  $R_d = k_{mod} \cdot \frac{R_k}{\gamma_M}$

**$R_k$**  **Characteristic value of the resistance**  
e.g. moment resistance to yield stress

**$\gamma_M$**  **Partial factor for a material property**  
(in terms of material; M...material)  
e.g. for steel or timber  
Values from EN 12812

**$k_{mod}$**  **Modification factor** (only for timber – to take account of the moisture and the duration of load action)  
e.g. for Doka beam H20  
Values as given in EN 1995-1-1 and EN 13377

### Comparison of the safety concepts (example)



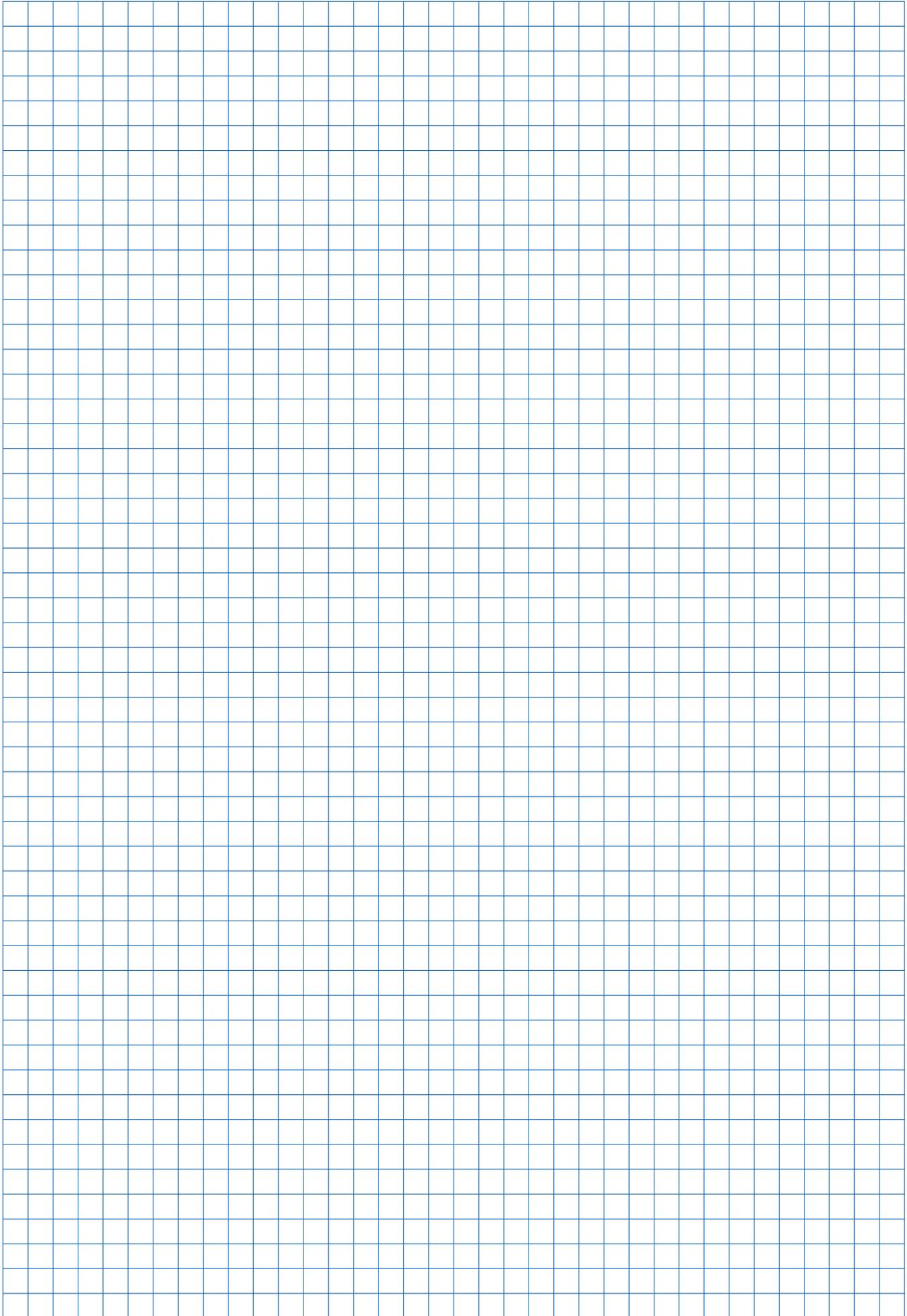
**!** The "permissible values" communicated in Doka documents (e.g.:  $Q_{permissible} = 70 \text{ kN}$ ) do not correspond to the design values (e.g.:  $V_{Rd} = 105 \text{ kN}$ )!

- ▶ Avoid any confusion between the two!
- ▶ Our documents will continue to state the permissible values.

Allowance has been made for the following partial factors:

$\gamma_F = 1.5$   
 $\gamma_{M, \text{timber}} = 1.3$   
 $\gamma_{M, \text{steel}} = 1.1$   
 $k_{mod} = 0.9$

In this way, all the design values needed in an EC design calculation can be ascertained from the permissible values.

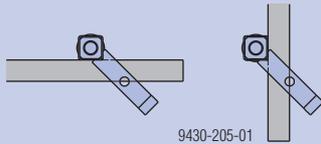


## Product description

### The main features:

The Handrail post 1.10m is used for erecting safety railings along slab-edges.

- Conforms to EN 13374 Class A
- It can be fixed in any of 3 different ways:
  - in an Attachable sleeve 24mm
  - in a Screw sleeve 20.0
  - in a hole subsequently drilled in the concrete
- Handrail-post plate angled at 45°, to allow guardrail boards to be inserted in either direction (i.e. at 90° to one another).



- Holes drilled in the handrail-post plates for mounting screw-on couplers so that guard-rails can be erected using scaffold tubes.
- All-steel construction - hot-dip galvanised for maximum durability.



### WARNING

Sensitive anchoring, suspension and connector components!

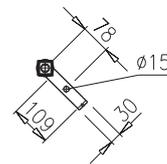
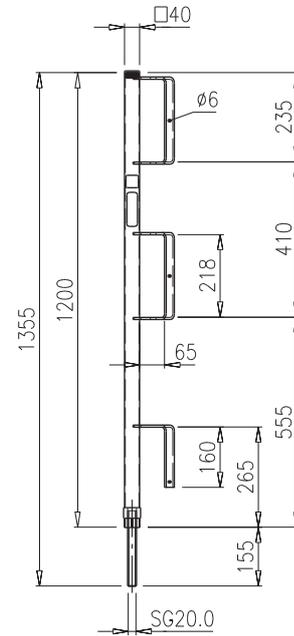
- Never weld or heat these components.
- Any components that are damaged or have been weakened by corrosion or wear must be withdrawn from use.

## System dimensions

### Handrail post 1.10m

Art. n°: 584384000

Weight: 5.6 kg



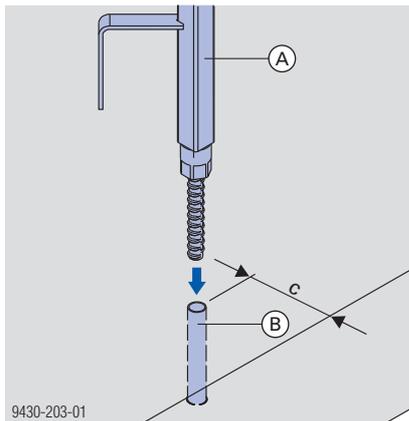
Dimensions in mm

## Areas of use

### Variant 1

#### Fixed in an Attachable sleeve 24mm (art. n° 584385000)

- ▶ Push the Attachable sleeve 24mm (B) into the fresh concrete (centre-to-centres as per structural design).
- ▶ After concrete has cured: Remove the plug from the attachable sleeve and slot in the Handrail post 1.10m (A) until it fully engages - the handrail-post plate must be facing towards the inside of the building.



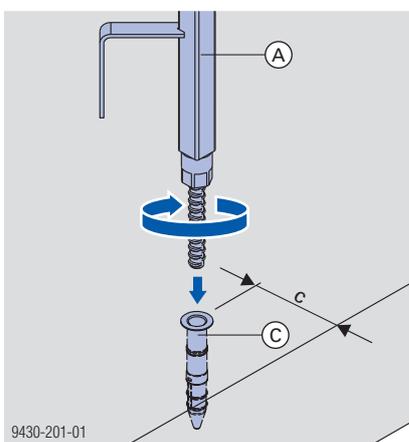
c ... Distance from edge: min. 10cm

- ▶ Insert guardrail boards and secure them with nails.

### Variant 2

#### Fixed in a Screw sleeve 20.0 (art. n° 584386000)

- ▶ Push the Screw sleeve 20.0 (C) into the fresh concrete (centre-to-centres as per structural design).
- ▶ After concrete has cured: Pierce the cap of the Screw sleeve 20.0 with the threaded rod of the Guard rail 1.10m (A) .
- ▶ Insert the Guard rail 1.10m as far as the start of the screw-thread, then give it approx. 3 complete turns to secure it against being lifted out. The handrail-post plates must be facing towards the inside of the building.



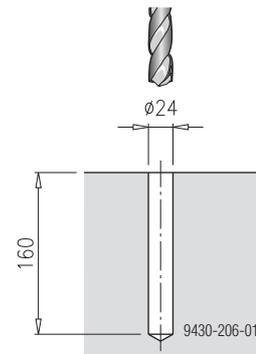
c ... Distance from edge: min. 10cm

- ▶ Insert guardrail boards and secure them with nails.

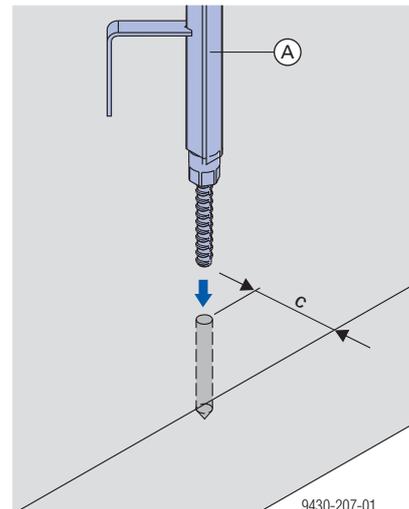
### Variant 3

#### Fixed in a hole subsequently drilled in the concrete

- ▶ Drill a hole of 24mm diameter that is min. 16cm deep (centre-to-centres as per structural design).



- ▶ Push the Guard rail 1.10m into the drilled hole until it fully engages. The handrail-post plate must be facing towards the inside of the building.



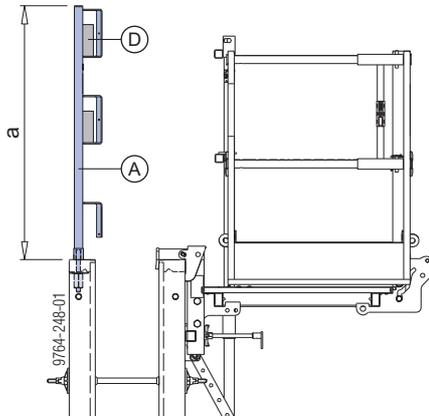
c ... Distance from edge: min. 10cm

- ▶ Insert guard-rail boards and secure them with nails.

## Additional areas of use

### Opposing guard-rail with Guard rail 1.10m

If there are working platforms mounted on one side of the formwork only, then the **Guard rail 1.10m** can be used to erect **guard rails on the opposing formwork**.

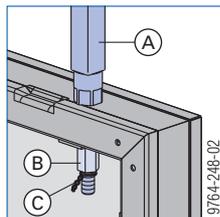


a ... 120 cm

- A Handrail post 1.10m
- D Guard-rail board

#### How to mount:

- ▶ Fix the Guard rail 1.10m into the cross borehole of the framed panel with a hexagon nut 20.0.



- A Handrail post 1.10m
- B Hexagon nut 20.0
- C Hexagon nut secured by e.g. binding wire

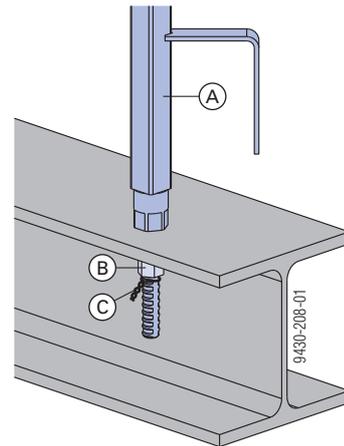
- ▶ Secure the Hexagon nut 20.0.



#### NOTICE

Before the gang-form is repositioned by crane, the guard-rail boards must be removed!

### Mounted on steel beam

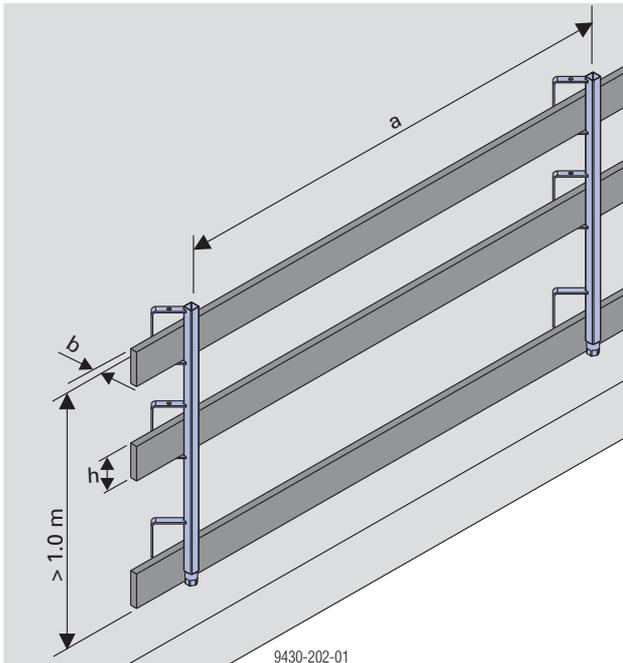


- A Handrail post 1.10m
- B Hexagon nut 20.0
- C Hexagon nut secured in place (e.g. with safety wire)

- ▶ Secure the Handrail post 1.10m in the borehole (diam. 24 mm) of the steel beam using the Hexagon nut 20.0.
- ▶ Secure the Hexagon nut 20.0 in place.

## Structural design

### Permitted centre-to-centre distances



Guard-rail boards		Perm. centre-to-centre distance 'a' for heights above ground of	
Width 'w'	Height 'h'	Up to 40 m $q \leq 0.84 \text{ kN/m}^2$	40 to 100 m $q \leq 1.1 \text{ kN/m}^2$
3 cm	15 cm	2.00 m	1.80 m
4 cm	15 cm	2.20 m	1.80 m
3, 4, 5 cm	20 cm	2.00 m	1.30 m
Scaffold tube 48.3mm		3.00 m	3.00 m

q ... Dynamic pressure

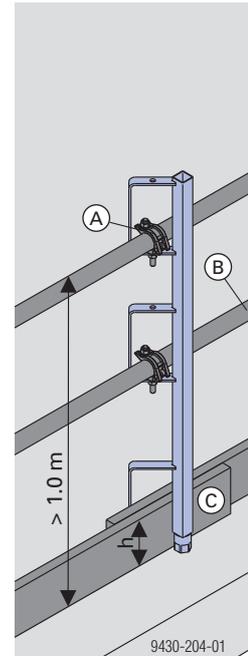
The smaller permitted centre-to-centre distance when 20 cm high guard-rail boards are used is due to the higher wind loads which are exerted upon the Guard rail 1.10m.

### Using scaffold tubes

The holes in the Handrail-post plates make it possible to mount Screw-on couplers 48mm 50 (art. n° 682002000).

This means that it is also possible to use Scaffold tubes 48.3mm as the top and middle guard-rails.

Tools for mounting the couplers and scaffold tubes:  
Fork wrench 22 mm



h ... height of toeboard (C) min 15 cm

- A** Screw-on coupler 48mm 50
- B** Scaffold tube 48.3mm
- C** Toeboard



## Near to you, worldwide

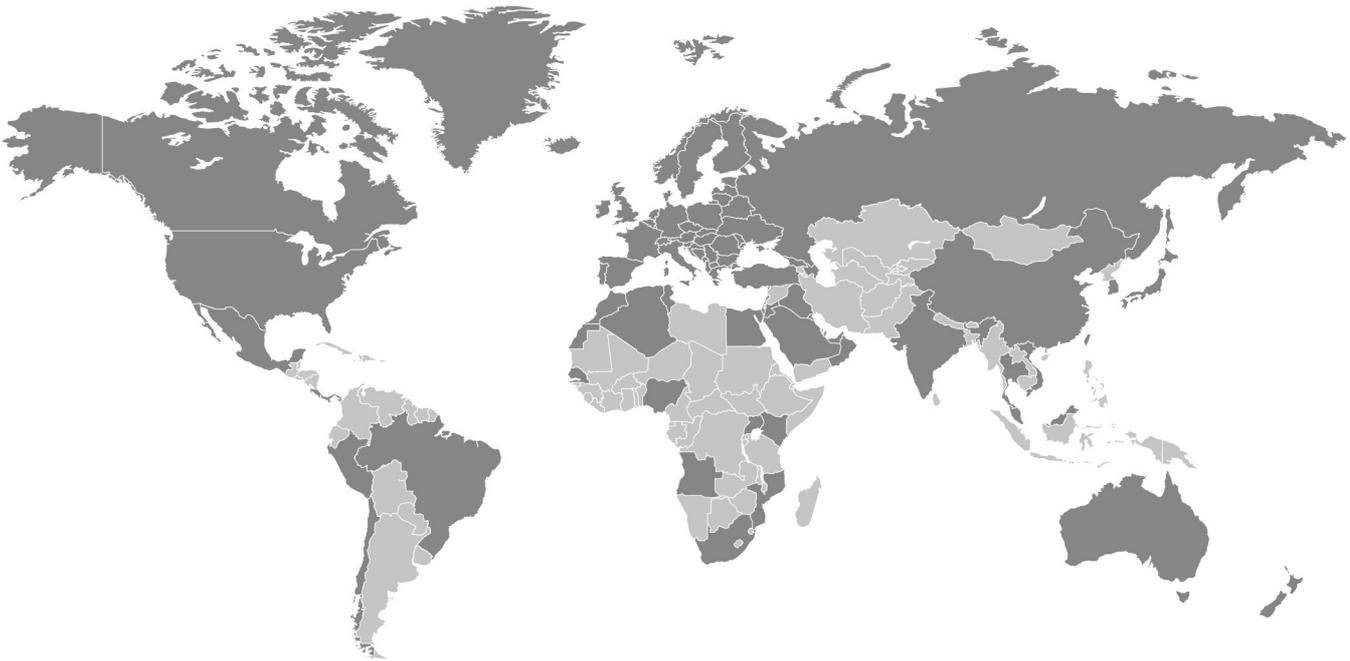
---

Doka is one of the world leaders in developing, manufacturing and distributing formwork technology for use in all fields of the construction sector.

With more than 160 sales and logistics facilities in over 70 countries, the Doka Group has a highly efficient distribution network which ensures that equipment and

technical support are provided swiftly and professionally.

An enterprise forming part of the Umdasch Group, the Doka Group employs a worldwide workforce of more than 6000.



[www.doka.com/handrail-posts-and-clamps](http://www.doka.com/handrail-posts-and-clamps)